

MINT TEA



המְצָרִים

☐ 4 tablespoons dried mint

☐ 1 ½ teaspoon green tea

☐ 3 tablespoons sugar

☐ 2 cups water

☐ Teapot

אופן ההכנה

1. Boil the water then pour and swish a small amount in the teapot.
2. Combine the mint, green tea and sugar in the teapot, then fill it with the rest of the hot water.
3. Let the tea brew for 3 minutes.
4. Fill one cup with the tea, then pour it back in the teapot.
5. Repeat step 4 two more times. This helps to dissolve the sugar.
6. ENJOY YOUR MINT TEA!

איך טעים?

